

Autism

The **Autism Council of Utah** (ACU) is an independent council working to foster collaboration, communication, and learning among families and agencies. Our aim is to promote access to resources and responsible information for individuals of all ages who have or are affected by autism, or related conditions.

Website: www.autismcouncilofutah.org/resources

Autism Parenting Magazine

Great articles on navigating getting SSI for autistic children.

Website: www.autismparentingmagazine.com

Autism Spectrum Disorder Clinic Services

Services include:

- Autism spectrum disorder assessment
- Social skills groups for children, adolescents, and adults
- Individual/family therapy
- Psychiatric consultation
- Behavior management
- School consultations
- Early intervention

Website: healthcare.utah.edu/locations/asdc-neurobehavior-home

Benefits for Children with Disabilities

To be eligible for SSI benefits, children with autism must have:

- Deficits in social interaction
- Deficits in verbal and nonverbal communication
- Significantly restricted, repetitive patterns of behavior, interest, or activities

Website: www.ssa.gov/pubs/EN-05-10026.pdf

Children's Center Utah – Salt Lake

Provides comprehensive mental health care to enhance the emotional wellbeing of infants, toddlers, and preschoolers struggling with severe behavioral problems. Services include autism therapy, mental health evaluation, therapeutic childcare, parent and general counseling, volunteer opportunities, and evidence-based program models for prevention including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). Telehealth options available. Speaks Spanish.

Website: childrenscenterutah.org

Matt's Place – Intermountain Health Care

The recently acquired Matt's Place, now a service of Intermountain Primary Children's Hospital, is a clinic that is focused on helping families and individuals with social and behavioral struggles, and those on the Autism Spectrum. Matt's Place will assist families and individuals ages 3-21 work through challenging behavioral disorders in a day treatment setting, intensive outpatient programming, and outpatient appointments.

Phone: 801-662-1000

Website: intermountainhealthcare.org/primary-childrens/programs-specialties/behavioral-health

School District Consultant

Links to learn more about the types of childcare assistance available and eligibility requirements, in Workforce Services Customer Education.

Apply and Manage Your Benefits – check to see if you're eligible for childcare subsidies.

Website: jobs.utah.gov/occ/parent/overview.html

Utah Parent Center

Call for current resources in your area that may meet your needs. Lists a lot of resources for families.

Phone: 801-272-1051

Website: utahparentcenter.org/resources