

Aging Services

The Davis County Health Department Senior Services provides support to older adults and their caregivers to promote independent living, health, and well-being. Key offerings include **Meals on Wheels**, **medical transportation**, **in-home assistance**, **caregiver support**, and access to three **Senior Activity Centers**.

Core Services Available

- **Meals & Nutrition:** Delivers hot, nutritious meals to homebound seniors (over 60) and hosts weekday lunches at local activity centers.
- **Medical Transportation:** Provides curb-to-curb transportation assistance for essential medical and dental appointments within the county.
- **In-Home Alternatives:** Assists eligible seniors with daily living activities, including personal care, light housekeeping, shopping, and emergency alert systems.
- **Caregiver Support:** Offers guidance, respite care, support groups, and educational classes to help family members or friends care for older adults.
- **Senior Activity Centers:** Three vibrant hubs located in **Clearfield** (North Davis), **Kaysville** (Central Davis), and **Bountiful** (South Davis) that offer recreation, fitness classes, and social engagement

For more information and details on services, see visit

<https://www.daviscountyutah.gov/health/aging-and-adult-services>