THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Self-Reliance Plan

Use this form to create your self-reliance plan. Your bishop, branch president, Relief Society president, elders quorum president, or other leaders can assist you.

Member Information

Name:

Number of people in household:

Step 1: What are my needs?

Immediate needs may include food, clothing, medical or emotional care, or housing. Longer-term needs may include education or improved employment. Identify your needs in the space below.

Monthly employment and Income information from ALL household members;

Name:	Employed by:	$
Name:	Employed by:	$
Name:	Employed by:	$
Other financial sources (family, others)		$
Government assistance (financial, food, housing, and so forth)		$
	Total	$

Monthly expenses

Tithes, offerings	$	**Debt payments** *(credit cards, personal loans, etc.)*	$
Food *(include groceries, eating out, meal delivery services, etc.)*	$	**Clothing**	$
Housing	$	**Utilities** *(electricity, natural gas, fees, etc.)*	$
Water	$	**Phone and Internet**	$
Medical *(insurance, medical bill payments, medication, etc.)*	$	**Entertainment** *(streaming service subscriptions, social outings, recreational activities, etc.)*	$
Transportation *(car payment, insurance, maintenance, gas, etc.)*	$	Other (specify)	$
Education *(tuition, school fees, school lunch, student loans, etc.)*	$	Other (specify)	$
		Total	$

Review the expenses listed above. What expenses can be reduced or eliminated?

	$
	$
	$
Total	$

Note: The collection and sharing of data is subject to the Church's data privacy policy, which you can view at lds.org/privacy.

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Name

Step 2: What other resources are available?

What other resources do you have available to you or what skills do you have that could be used to increase income?

List names of family members that might be able to provide help and resources (parents, children, siblings, others)

Community resources, if any, that have been used.

As part of your plan, consider participating in a self-reliance group.

Record resources or skills needed to become self-reliant	*Steps to be taken to obtain the resource or skill*

Step 3 : What work or service will I contribute in return for any assistance I may receive?

Ideas to share with the bishop or branch president

☐ Welfare Square (Salt Lake City)
☐ Deseret Mill (Kaysville)
☐ Other: _____
☐ Service Opportunity through justserve.org
☐ Church cleaning (local ward building)

After consulting with the bishop, branch president, or welfare missionaries, what work or service assignment you will do? ***(To be completed at initial meeting.)***

Step 4: Short-term steps that will be taken	***By what date?***

Commitment

Member's signature	Date
Spouse's signature	Date

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