

Children Resources

Child Abuse

Center for Safe and Healthy Families - *Providing Medical & Mental Health Services to Victims of Abuse & Neglect*

The Center for Safe and Healthy Families (SHF) is a program through Primary Children's Hospital that provides medical and mental health services to suspected victims of child abuse and neglect and their families. The therapy team at Safe and Healthy Families is trained in working with children who have suffered trauma such as physical or sexual abuse as well as children with behavioral problems. They provide outpatient therapy on a weekly basis for children and their families.

Services

- Outpatient medical exams for suspected abuse/neglect
- Inpatient medical exams/consults for suspect abuse/neglect
- Individual, outpatient therapy
- Phone consultation

Phone: 801-662-3606

Website: intermountainhealthcare.org/childrens-health/child-abuse-and-neglect

Open Doors

The purpose of Family Support is to help educate parents and prevent child abuse and get families back on track. Services include parent education, respite and crisis nursery, and therapy.

Layton Location: (801) 771-4642

875 E Hwy 193

Layton, UT 84041

Website: www.opendoorsutah.org

Prevent Child Abuse Utah

The mission of **Prevent Child Abuse Utah** is to forge and guide a community commitment to prevent child abuse in all its forms through programs, services, public awareness, training and education, advocacy and networking.

Phone: 866-435-7414

Email: info@preventchildabuseutah.org

Website: pcautah.org

Safe & Healthy Families

Providing medical & mental health services to victims of abuse & neglect. The Center for Safe and Healthy Families (SHF) is a program through Primary Children's Hospital that provides medical and mental health services to suspected victims of child abuse and neglect and their families. The therapy team at Safe and Healthy Families is trained in working with children who have suffered trauma such as physical or sexual abuse as well as children with behavioral problems. They provide outpatient therapy on a weekly basis for children and their families.

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Phone: 801-662-3606

Website: healthcare.utah.edu/pediatrics/programs-services/safe-healthy-families

Utah Division of Child and Family Services

The mission of the **Utah Division of Child and Family Services** is to keep children safe from abuse and neglect through the strengthening of families. This is accomplished with individualized, trauma-informed, community-based services that are both safety-driven and family-driven, and the funding of domestic violence shelters and outreach services.

Address:

Multi-Agency State Office Building

195 North 1950 West

Salt Lake City, Utah 84116

Phone: 801-538-4100

Email: dcfs@utah.gov

Website: dcfs.utah.gov

Childcare

Family Support Center

The Family Support Center offers free emergency care for children, free in-home parenting support, community classes on parenting and stepfamilies, low-cost individual and family counseling, and much more. They offer a crisis nursery for children 0 -11 to help parents who are overwhelmed. Please call in advance to schedule.

- 801-967-4259 (West Valley Crisis Nursery)
- To find a location near you - <https://utahfamilies.org/find-a-center>.

Address:

1760 West 4805 South

Taylorsville, UT 84129

Email: info@familysupportcenter.org

Phone: 801-955-9110

Website: www.familysupportcenter.org

CHIP Eligibility

The Children's Health Insurance Program (CHIP)

The Children's Health Insurance Program (CHIP) is a joint federal and state program that provides health coverage to uninsured children in families with incomes too high to qualify for Medicaid, but too low to afford private coverage.

Website: www.medicaid.gov/chip/eligibility/index.html

Diapers

Crossroads Urban Center

Families can get diapers up to 6 times per year. Formula available for 12 months and younger. Baby food is available. Call for availability.

Hours: Monday-Friday, 9am-5pm

Address:

347 S 400 E

Salt Lake City, UT 84111

Phone: 801-364-7765

Website: www.crossroadsurbancenter.org/downtown.html

Utah Food Bank Diaper Program

Recognizing the strong connection between diaper and food insecurity, Utah Food Bank welcomed Utah Diaper Bank into our organization in 2025, allowing us to broaden access to essential resources for the families we serve. Diaper insecurity, which affects nearly half of families with young children in the US, is the inability to afford an adequate supply of diapers. It can impact the physical health of children in addition to maternal health and household income, resulting in long-lasting consequences.

Families who struggle to afford groceries are frequently forced to make impossible choices—like whether to buy food or diapers. An adequate supply of diapers can cost upwards of \$100 per month. This cost burden only exacerbates food insecurity, with 1 in 4 families facing diaper insecurity nationwide reporting having skipped meals to afford diapers. Without an adequate supply, parents may be unable to access childcare—which often requires families to provide diapers—leading to missed work and lost income. These challenges compound, deepening the cycle of poverty.

Website: www.utahfoodbank.org/how-we-help/ufb-diaper-program

United Way of Northern Utah

Local hospitals identify mothers experiencing income insecurity and refer them to Catholic Community Services. We then come alongside them in their new journey of motherhood by providing newborn layettes containing all of the essentials

Address:

2955 Harrison Boulevard
Ogden, UT 84403

Phone: 801-399-5584

Website: uwnu.org/ourprograms/welcome-baby/